



**CONFIRMED BOOKINGS ONLY**

**07708038037**

[www.thecaringplace.uk](http://www.thecaringplace.uk)

*The more time you entrust to yourself, the more you can give to others!*

Venues:-**Town Centre** (opp Barclays)  
 Cellys Hairdresser (upstairs) 4 Queens Rd, Hastings **TN34 1QP** Or...

FREE parking & inviting stayovers for  
**Therapies in the country:-**  
 Guestling Hall Hotel, Guestling Rye Rd **TN35 4LP**  
 10 mins drive from Hastings  
 (for overnight stays 01424814664)

**BODY SCAN**

Very exciting and revealing! This is a unique, spectral testing method, via vibrational analysis of all the body's systems, which brings *you* your **REAL TIME** body map! Working in Singapore with Cancer Patients this holistic approach helped so many to improved health. It is for everyone to really know your body and live the life-style recommendations you discover. Quantum resonant magnetic analysis as high-tech innovation is 100% safe and non-invasive! Not only are your results discussed with you in person, they are also e-mailed to you! (Read more overleaf)

**Only £40 for 45 minutes!**



Reflexology session

Balancing your entire body through the feet has been an essential and very comforting therapy for many years. It is not a luxury but an essential for us all. Our feet correspond with different pressure points on the body. A Reflexologist's touch sends energy flowing through a person's body until it reaches the area in need of healing. (Read Benefits overleaf) **Only £40 45 mins**

**REFLEXOLOGY & FOOTREADING**

**Your feet tell the truth!** With global experience as Reflexologist, and Foot-Reader/Teacher/Counsellor Marguerite reveals interesting home truths. It is lots of fun seeing how each toe responds! *Counselling through the feet* brings added value. All sessions confidential **£60 60 mins**

**DEIKI £40 for 45 mins**

Divine Healing is similar to REIKI brings you fine-tuning, calming therapy, inner peace...joy! Do you need coping strategies for today's stress levels? Then enjoy a **healing cocoon!** Be comforted by three difference waves – Theta, Binaural soundwaves, healing far infra-red waves to soothe and heal tired tissues and Marguerite's experience with Divine healing. *When you heal yourself and assist others with their self-healing, you heal the earth.*



**INDIAN HEAD** with body balancing **£40 45 mins**

**PAIN RELIEF** Sports Technique with Hot Stones Shoulder/Neck/Back. FAR INFRA RED brings extra healing of muscles and almost instant relief from pain. **£50 45 mins**



**FOOT-READING WORKSHOP**

A full day working in pairs. Practical mini-Reflexology and learning the Art of Foot-Reading. This is a valuable tool for Counsellors. Two people work on each-other's feet. Notes are provided and certificate of attendance. Full day **£100**



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"I truly believe we are a full combination of MIND, BODY and SOUL. Hence my therapies help define where problems come from, be they emotional, social, physical, intellectual or spiritual. With my genuine concern for you in a unique 'healing space' you are embraced in Elements of **Air, Water, Wood, Fire and Earth**...and therapeutic sounds. Your session will be bespoke. Nothing is more complete than treating the entire body through the feet! You'll be stepping out onto clouds feeling as light as a feather!"

*Marguerite MacLean*

VTCT Dip L 3 Reflexology / VTCT Dip L 3 Sports Massage Therapy / VTCT Dip L 3 Anatomy & Physiology/ NCFE Counselling Skills / Online Enhanced DBS Clearance Certificate / Federation of Holistic Therapists / Qualified Teacher with QTS B.A. M. Edu



Masks and reasonable distance for our safety

The Best gift you can give yourself is TIME

**Happy Healthy 2022**

**BODY SCAN - 100% SAFE NON-INVASIVE**  
**KNOW YOUR BODY REAL TIME!**

Every organ in your body vibrates at a different level and these become REAL TIME Readings! Quantum Magnetic Resonance Scan is a spectral testing method via vibrational analyses of all the body systems. Data is collected within minutes from all the body systems safely and rapidly. Read the reviews on its real-time accuracy! Your knowingness about your own body can be confirmed on screen and in confidential discussion with Marguerite. You then receive it all by email. Every three months note your improvements!

The method of quantum resonant magnetic analysis is emerging as high-tech innovation towards bio-informatics, electrical engineering and other sciences. The advanced electronic equipment collects data from the magnetic field of human cells for scientific analysis. This provides the client with a guide to determining their health status and problem areas together with prevention recommendations. Witness what's going on in 30 areas:-

- Basic Physical Quality Analysis
- Blood Sugar Analysis
- Bone Disease Analysis
- Bone Mineral Density Analysis
- Brain Nerve Analysis
- Cardiovascular and Cerebrovascular Analysis
- Gallbladder Function Analysis
- Gastrointestinal Function Analysis
- Gynaecology Analysis
- Human Toxin Analysis
- Kidney Function Analysis
- Liver Function Analysis
- Lung Function Analysis
- Pancreatic Function Analysis
- Rheumatoid Bone Disease Analysis
- Trace Elements Analysis (Ca+, Fe, Se, Pb, Zn, Vitamin, etc.)
- Male sexual function Analysis
- Allergy Testing
- Skin Analysis
- Endocrine System Analysis
- Immune System Analysis
- Obesity and Nutrition

**REFLEXOLOGY - BENEFITS**

Our qualified Reflexologist, Marguerite ensures this complementary therapy is bespoke – to suit each individual. When a person feels stressed, their body blocks energy flow. This causes an imbalance in the body that leads to illness. Our feet correspond with different pressure points on the body. A Reflexologist's touch sends energy flowing through a person's body until it reaches the area in need of healing. Scientists know that the body's entire nervous system tends to adjust to touch. This calms the central nervous system, promoting relaxation bringing huge benefits as follows:-

- BOOSTS BLOOD CIRCULATION - oxygen and nutrients transports to your muscles faster
- BOOSTS BRAIN FUNCTION - opens your neural pathway to concentrate better
- REDUCES TOXINS - reduces your toxin levels and the risk of urinary tract infections and other illnesses caused by toxins.
- IMPROVES YOUR IMMUNE SYSTEM - Reflexology brings preventative health benefits by boosting your immune system. Aligning the body's systems, reducing toxins, and improving circulation all contributes to an improved immune system.
- PAIN MANAGEMENT - The most popular application of reflexology is to reduce pain, particularly headaches. Headaches and migraines are often the physical manifestation of stress. Reducing stress and anxiety lifts your mood to bring in the happy endorphins for coping strategies and general well-being. Re-boot your homeostasis and coping strategies to live your best life! We all need this treatment, it is not a luxury!
- IMPROVES METABOLISM – your body will be able to burn fat quicker
- IMPROVED SLEEP – Reflexology reduces anxiety disorder

REFLEXOLOGY IS TIMELY for all the above as well as to clear up sinus issues...recover from back problems...correct hormonal imbalances ... boost fertility... improve digestion.... ease arthritis pain....treat nerve problems and numbness (peripheral neuropathy)... brings back your balance!